

# **Free** Disaster Preparedness Course

City Fire Dept. teaches a <u>free</u> Community Emergency Team (CERT) disaster preparedness <u>6 or 7 night course</u>

Learn about earthquake preparedness, light firefighting, triage, first aid, light excavation, disaster psychology, rescue team organization and management.

Must be 18 or over. Non-LA city residents welcome. No obligation to join a CERT team. LAUSD teachers get salary point. <a href="www.cert-LA.com">www.cert-LA.com</a>. You can make-up any missed class sessions.

3 courses to choose from, take one (rev. 2-7-07)

Wednesdays, 7:00 p.m. to 9:30 p.m. (7 consecutive evening sessions)

Mar. 14, 21, 28, Apr. 4, 11, 18, 25, 2007

#### At the – Cheviot Recreation Center – Club Room

2551 Motor Ave. (at Pico) LA CA 90064 Inside main building by pool and tennis courts. Co-Sponsors: *Palms-Westside Village Neighborhood Watch, Mar Vista Neighbors for Peace & Justice* 

Thursdays, 6:30 p.m. to 9:30 p.m. (6 consecutive evening sessions) 2 courses (take 1 only): May 10, 17, 24, 31, June 7, 14, 2007, *or* 

July 12, 19, 26, Aug. 2, 9, 16

#### At the – Whole Foods Market – Community Room

11666 National Blvd. (at Barrington) LA CA 90066

Seating limited to 25. No one admitted without Pre-registration.

Co-Sponsors: Palms-Westside Village Neighborhood Watch, Mar Vista Neighbors for Peace & Justice

### *Sponsored by:*

Neighborhood Emergency Radio Project <a href="http://NERP.myEweb.net">http://NERP.myEweb.net</a> Cliff Cheng, Ph.D., KI6CM, Neighborhood Disaster Preparedness Ambassador

## PRE-REGISTRATION REQUIRED! CERTsponsor@Gmail.com,

(310) 485-0324.

www.CERTsponsor.s5.com and http://DisasterPrep.livejournal.com

Palms-Westside Village Neighborhood Watch, www.freewebs.com/14a27 Meetings – 1<sup>st</sup> Wed. monthly, 6:30pm-7:15pm, Iman Center 3376 Motor Ave. LA CA 90034 (Between Palms Blvd. and National Blvd., east side)